

12TH GLOBAL HANDS-ON MUSCULOSKELETAL ULTRASOUND WITH MRI CORRELATION CONGRESS

FOR PHYSICIANS & GENERAL PRACTITIONERS

2020

Date: 5th to 6th April 2020 Venue: Penang Island, Malaysia

Accredited for:

16 CPD Points by National Specialist Register of Malaysia 10 CPD Points by Malaysian Medical Association CPD Points towards the ESSR Diploma

Organizer:



Global Futuristic Management Services

Venue:



Holiday Inn Resort Penang

Official website and online registration: www.penangmskrad.com

Dear Physician,

The 12th Global Hands-on Musculoskeletal Ultrasound with MRI Correlation Congress for Physicians & GP's will be held from 5th-6th April 2020 at Holiday Inn Beach Resort, Penang Island, Malaysia.

Here are the key features of the Congress:

- 1. All physicians will obtain a chance to be tutored by senior Musculoskeletal Radiologists who are experts at Musculoskeletal Ultrasound. The practical session will start with a demonstration by the Musculoskeletal Radiologists in the first hour. Subsequently, each participant will be given 10-15 minutes initially to practise the technique shown by the radiologist on the model until all participants in the group have attempted and have been shown how to do the technique correctly. This is strictly monitored by an appointed group leader. After getting their hands-on practice, participants are free to move to any of the groups to observe, or go to the free tables with models to practice and ask any of the faculty members should they need assistance.
- 2. Faculty to participant ratio during the workshop sessions are kept small to enable quality hands-on ultrasound training. There is plenty of time for hands-on practice as we have extra tables and models for each session. Please note that only limited places are available to enable quality training.
- 3. All groups are combined during lectures and are only split according to subspecialty and level of expertise during the practical sessions. It is advised that you register early if you are keen on joining the 2020 congress as places fill up fast.
- 4. There are also opportunities to be trained under expert Rehabilitation Ultrasound specialist, Dr Kavitha Ratnalingam. This should be of interest to delegates who would like to learn how to identify injured muscles and subsequently administer PRP or prolotherapy treatment. Upper limb and lower limb nerve anatomy can also be shown. For Rehabilitation specialists, this is a good chance to gain a quick refresher on cross-sectional muscle identification for botulinum injections and nerve blocks, etc.
- 5. As a bonus, renowned Rheumatologist sonographer, Professor Dr George Bruyn, who is also an expert MSK Orthopaedic sonographer, will also be on-site for delegates who are interested in learning rheumatology screening.
- 6. When applying for level of training using the online registration form, please note that Basic level means you have not attended any Basic MSK Ultrasound course and are not doing MSK USS weekly. Intermediate level means you have attended a Basic MSK USS course and are practising MSK USS weekly on patients. Advanced level means that you are highly experienced in MSK USS and would like more specific teaching of different joints. Please apply for the correct grouping to ensure effective training.
- 7. MSK Ultrasound videos are shown during the video sessions to complement the lectures. The Ultrasound pathology using static images and videos will only be taught after the practical session. This is to ensure that one understands the various imaging planes and images expected of normal ligaments, tendons, muscles and other structures. The abnormal images of pathology will then be easily appreciated as one has already been accustomed to seeing the normal appearance in the standard planes during the practical session. This will lead to a huge appreciation of pathology without the need for actual patients.
- 8. Opportunities for oral paper presentations are available. Kindly submit your standard abstract (not more than 250 words) to the Secretariat for consideration by the Scientific Committee. Further details will be provided following your submission.
- 9. For ease of registration fee payment, credit card payment options are available for overseas delegates. Upon online registration, you will be sent a credit card payment link for the amount due which will be valid for 7 days.
- 10. We have negotiated for special room rates with Holiday Inn valid from 29th March-9th April 2020. The hotel booking form will be sent to you via email. Please fill it and send directly to the hotel as per instructions on the booking form. Kindly note that no commissions are taken by the conference organizers for room bookings to keep the room rates low. Hotel booking can be made using credit card and you will not be charged until check-in. Hotel booking can be cancelled up to 72 hours before check-in with no penalty and you will not be asked for your CVC number.

By attending the Global MSK USS with MRI congress, you will gain confidence in performing MSK Ultrasound. So don't think twice. Register for the Penang MSK MRI & Ultrasound Congress using the online registration form available at www.penangmskrad.com today.

Yours sincerely,

Prof Dr John George

MBBS (Adelaide), DMRD (Aberdeen), FRCR (UK)
Congress Chairman Global MSK MRI and USS Congress
Consultant MSK Radiologist, National Sports Institute of Malaysia
Consultant MSK Radiologist, Orthopaedic Diagnostic and Regenerative Centre, Beverly Wilshire Medical Centre
Fmr Professor & Chief of Musculoskeletal Radiology, University of Malaya Medical Centre
Email: msk.rad@gmail.com

Day One • 5th April 2020 • Sunday			
7.30 am	Registration		
8.00 am	Briefing and pre-congress MCQ self-assessment		
8.30 am	Lecture 1: Understanding the technical aspects of using an ultrasound machine for Musculoskeletal Imaging		
9.00 am	Lecture 2: Ultrasound of the Knee with MRI Correlation - Normal and pathology		
10.15 am	Tea Break - Oral Paper Presentations		
10.30 am	Practical Session 1: Hands-on Knee Ultrasound (Groups divided into Basic, Intermediate and Advanced)		
12.15 pm	Video Session 1: Pathological video ultrasounds of the Knee and Interventional Techniques		
12.45 pm	Group Photo Session		
1.00 pm	Buffet lunch - North Indian		
2.00 pm	Lecture 3: Ultrasound of the Ankle and Foot with MRI Correlation - Normal and pathology		
3.00 pm	Practical Session 2: Hands-on Ankle & Foot Ultrasound		
4.45 pm	Tea Break - Oral Paper Presentations		
5.00 pm	Video Session 2: Pathological video ultrasounds of the Ankle & Foot and Interventional Techniques		
5.30 pm	Close		

Day Two • 6th April 2020 • Monday				
8.00 am	Lecture 4: Ultrasound of the Shoulder with MRI Correlation - Normal and pathology			
9.00 am	Lecture 5: Ultrasound of the Elbow & Wrist and common pathology including carpal tunnel and arthrography screening			
9.30 am	Lecture 6: Muscle Injuries (Grading of Muscle Tears)			
10.00 am	Tea Break - Oral Paper Presentations			
10.30 am	Practical Session 3: Hands-on Shoulder, Elbow, Wrist, Carpal Tunnel and Arthrography Screening			
12.00 pm	Video Session 3: Pathological video ultrasounds and Interventional Techniques of the Shoulder, Elbow, Wrist, Carpal Tunnel, and Arthrography and Muscle Injuries			
1.00 pm	Buffet lunch - International			
2.00 pm	Practical Session 4: Review Session (Go to any of the stations to practice what you have learnt in the previous sessions. Ask any of the faculty to assist you if needed. You can ask the facilitators to show interventional techniques)			
3.30 pm	Tea Break			
4.00 pm	Post-Congress Ultrasound Assessment			
4.30 pm	Post-Congress MCQ Self-Assessment			
5.00 pm	Close of meeting and collection of certificates			

TESTIMONIALS

"Comprehensive, with good materials and lectures provided, and ample hands-on practice sessions for learning by very patient and experienced facilitators/faculty members standing by to show us the ropes."

Dr Pek Eu Way, Malaysia

"An incredibly insightful hands-on course. Provided a new way of looking at pathology and being able to visualize the underlying anatomy."

Dr Tamara Pooke, South Africa

"This conference is beneficial to improve basic MSK ultrasound skills as it is very comprehensive and practical. Keep up the good work. The hands-on sessions are good and all the instructors are very helpful. The video sessions on pathology are good as well."

Dr Salmina Rifin, Malaysia

"This is an event that I stumbled upon on Google but was sure it will have a mark in my medical profession for a very, very long time. Thank you Prof for the exciting and stimulating experience!"

Dr Joon Moon, South Korea

"Learning how to read the ultrasound images really enhanced my understanding of the pathological conditions and how to differentiate them. Clear explanations, patient presenters and correlation to clinical conditions."

Dr Katey Paczek, Malaysia

"Great workshop! This is my first ultrasound workshop and I'm glad to be here. Lots of stations for workshop with real human models and experts to teach. Everyone can practice until he's feeling comfortable."

Dr Chut Nakornchai, Thailand

"I learned many tips and practical methods to use in MSK ultrasound, and also the pitfalls that I have to be careful of. The knowledge I gain from the course will surely be applied in my practice."

Dr Faisal Parlindungan, Indonesia

"This is my first formal training on MSK ultrasound and it is recommended by my colleagues. This is much more above my expectation with the good materials and supervision from experts."

Dr Chiu, Wing Fat, Hong Kong

"This course was wholesome as it covered many important MSK related pathologies. The instructors were very patient and motivated to teach us. It was definitely worth it. I enjoyed it."

Dr Arvin Raj, Malaysia

Overview:

This congress is ideal for Orthopaedic/Sports Medicine Specialists, Rheumatology Specialists, Rehabilitation Specialists and General Practitioners.

Materials & Deliverables:

- 1.1 x high quality colour photoprint of powerpoint lecture slides and 1x ultrasound technique workbook worth USD300.
- 2. USB thumbdrive containing 2 GB of data resources worth USD100.
- 3. One ultrasound demonstrator to maximum 7 participants for quality hands-on time.

Faculty:

Prof Dr John George (Congress Chairman)
MBBS (Adelaide), DMRD (Aberdeen), FRCR (UK)
Senior Consultant MSK Radiologist, National Sports Institute of Malaysia
Senior Consultant MSK Radiologist, Orthopaedic Diagnostic and Regenerative Centre, Beverly Wilshire Medical Centre
Fmr Professor & Chief of Musculoskeletal Radiology, University of Malaya Medical Centre, Malaysia

Prof Dr George Bruyn, MD
Senior Consultant Rheumatologist
Chair, MC Groep Hospitals, Lelystad, Netherlands
(Expert Rheumatology & Orthopaedic Sonographer. Member of EULAR committee)

Dr Edward Sellon, FRCR (UK) Senior Consultant MSK Radiologist Oxford University Hospitals

Dr Kavitha Ratnalingam, MRehab (UM) Senior Consultant Rehabilitation Specialist ReGen Rehabilitation International Hospital, Malaysia

Dr Niraj Dubey, FRCR (UK) Senior Consultant MSK Radiologist Singapore Health Authority

Dr Mathew George, FRCR (UK) Senior Consultant MSK Radiologist Pushpagiri Medical Hospital, India

Dr Nurul Aida, MMED Radiology (UKM) Consultant MSK Radiologist Kuala Lumpur General Hospital, Malaysia

Location:

The congress venue is at Holiday Inn Beach Resort Penang which is strategically located at Batu Feringghi, a popular tourist destination by the seafront. Just step out of the hotel and you have half a kilometer of stalls selling clothes, bags, DVD's, shoes and household ornamental items at bargain prices. The Penang hawker food is also world-famous. Attractions worth visiting include Penang Hill, Georgetown Heritage Trail and Kek Lok Si Temple. March is traditionally the sunniest time of the year in this part of Malaysia and a great time to visit.







Who should attend this Congress?

This congress is ideal for delegates who would like to learn how to recognise normal radiological anatomy of MRI and Ultrasound of major joints, identify the common MRI and ultrasound pathology of major joints, and perform musculoskeletal examination of major joints.

Congress Pre-Requisite:

Basic level – For delegates who have not attended any Basic MSK Ultrasound course and are not performing MSK ultrasound weekly on patients.

Intermediate level - For delegates who have attended a Basic MSK Ultrasound Course and are performing MSK ultrasound weekly on patients.

Advanced level - For delegates who are highly experienced in MSK Ultrasound and would like more specific teaching of different joints.

Accreditation:

This congress has been accredited for 16 CPD points by the National Specialist Register of Malaysia, 10 CPD Points by Malaysian Medical Association & is recognized for CPD Points towards the ESSR Diploma.

Ultrasound provider:



Online registration & testimonials:

www.penangmskrad.com

GUIDELINES FOR ORAL PRESENTATIONS

Guidelines for oral presentations:

- 1. Submit your abstract (of not more than 250 words) before 1st March 2020 for consideration by the Scientific Committee. Acceptance of your paper will be provided within a week of submission.
- 2. Please note that oral presentations are subject to slot availability and hence early submission of abstract is encouraged.
- 3. All oral presenters must settle their registration fees before the Congress.
- 4. The oral presentation session will be held during the tea breaks of the Congress. You will be informed of the day of your presentation via email two weeks before the Congress.
- 5. Presentation is to be allocated (8 + 2) minutes; unless otherwise specifically mentioned. The last "+2" minutes indicated is for discussion of your paper. The chairperson will alert the presenter at 6 minutes, to indicate that you have 2 minutes to end the presentation. Chairperson will request for questions from the floor and select audience members with questions. You are advised to adhere strictly to the time allocated to avoid disrupting the scientific
- 6. An LCD projector would be made available to facilitate your presentation. Computers available for presentations are Windows PC computers (Windows 7 operating system), with Microsoft Office 2010 software. All presentations must be compatible with this setup. Presenters are not allowed to use their own laptop computers.
- 7. Your presentation should be prepared as a single Microsoft PowerPoint file in standard PowerPoint file format (.ppt or .pptx). The file is to be brought in a thumbdrive / other appropriate medium.
- 8. For additional audio-visual requirements, please liaise with the congress secretariat at least 14 days before the Congress. Participants may be charged for any additional equipment used.
- 9. Kindly note that the official language of the Congress is English. Please use sufficiently large fonts and clearly legible typefaces for your presentation and avoid cramming too much information into each slide.
- 10. You must submit your file via thumbdrive to the congress secretariat before the first lecture on the first day (0830 hrs). Collect your materials (if relevant) by the end of the first day (1730 hrs).

If you have any enquiries, please email: globalfuturistic@gmail.com.

Congress Fees:

Individual Rates

Congress Fees	Early Bird Rate (till 30th November 2019)	Standard Rate (after 1st December 2019)
Payment Method	Bank Transfer / Credit Card	Bank Transfer / Credit Card
Overseas Delegate	USD 650	USD 680
Malaysian Delegate	RM 1700	RM 1800

Group Rates Overseas Delegates

Subsidy (per pax)				
3 pax	USD 30			
4 pax	USD 40			
5 pax and above	USD 50			

Group Rates Malaysian Delegates

Subsidy (per pax)				
Group of 3	RM 50			
Group of 6	RM 100			

Registration:

Registration for this congress is via online at www.penangmskrad.com. Upon submitting the online registration form, kindly send a copy of your details directly to globalfuturistic@gmail.com to ensure that we receive your form. You will receive a response within a week on suitability and availability of places at the congress. If you do not receive a reply within a week, please email us at globalfuturistic@gmail.com to enquire. Kindly refrain from making any payment until receiving a confirmation on acceptance.

Terms for group rate subsidies:

Upon identifying colleagues/friends interested in attending the congress, kindly select a group leader to manage correspondence with the congress secretariat. The congress secretariat will communicate payment details to the group leader. Kindly note that payment must be made as a group to be eligible for the group rate.

Acceptance & Placement:

Once your place at the congress has been approved and you have obtained leave from your department, kindly proceed with payment. It is advised that payment be made as soon as possible to secure your place.

There are two methods of payment; Bank Transfer and Credit Card. For Bank Transfer, kindly follow the Bank Details below. If Credit Card is your preferred method of payment, kindly inform the Secretariat to issue you the relevant invoice along with payment instructions. Please note that the congress registration fee is not inclusive of travel and accommodation. Kindly use the hotel booking form available on our website to leverage on special delegate room rates.

Payment Details:

Account name : Global Futuristic Management Services

Bank : Commerce International Merchant Bankers Berhad (CIMB)

Account number : 8002419615 Swiftcode : CIBBMYKLXXX

Bank Address : Commerce International Merchant Bankers Berhad,

227&228 Jalan Bandar 13, Taman Melawati,

53100, Kuala Lumpur, Malaysia.

Beneficiary Address : 20 Jalan 4, Taman Sri Ukay, Ampang, Selangor 68000, Malaysia.

Contact number : +60122773799

Payment Proof:

All delegates paying via bank transfer must send us the proof of payment within three days of making payment. Kindly email a copy of the bank slip or proof of transfer to globalfuturistic@gmail.com with indication of account name that the transfer was made from. Upon receipt of payment into our account, a notice will be sent to your email along with a confirmation letter and e-receipt within one week to confirm your place in the congress.

REGISTRATION FEES & PAYMENT

Terms & Conditions:

- 1. A non-refundable policy applies to congress fees if notice of cancellation is given 60 days or less before the commencement of the congress.
- 2. A full refund will be provided if notice of cancellation is given more than 60 days before the congress. A USD 50 cancellation fee applies.
- 3. Registration transfers are allowed. No additional fees will be imposed for registration transfers.
- 4. The congress fee is inclusive of a light breakfast, morning and evening teas and a buffet lunch.
- 5. For overseas payments via bank transfer, kindly find out your local bank charges and include it in the amount transferred.
- 6. A confirmation of placement at the congress is upon receipt of a confirmation letter and electronic receipt. If you do not receive these documents within the duration of a month, kindly email the secretariat immediately to check on your status.
- 7. Upon making registration fee payment, kindly email the secretariat with proof of transaction along with indication of account name that the transfer was made from so that the secretariat is able to identify your payment. Failure to do so might cause your payment to be attributed to another delegate instead.
- 8. Do not make payment until and unless you receive a confirmation from the secretariat to proceed. Payments that go through prior to confirmation will not be refunded.
- 9. The secretariat has the right to revise any of the congress information as and when deemed necessary. Registration rates may also change depending on USD rate fluctuations.
- 10. In the event that the congress is cancelled due to unforeseen circumstances, a full refund will be credited into your account.
- 11. Kindly check if visa is required for your travel to Malaysia. It is advisable to check with the Malaysian embassy or consulate instead of agents or friends as requirements may change.
- 12. The event management company (secretariat) is not liable for any losses or injuries sustained before, after, or throughout the duration of the congress. Insurance coverage is encouraged as a safety measure.

MEETING INFORMATION

CONGRESS VENUE

Holiday Inn Beach Resort Penang, Beach Wing, Butterworth Room Address: 72, Jalan Batu Ferringhi, 11100 Penang, Pulau Pinang, Malaysia.

Tel No: +604-8866666

Website: www.penang.holidayinnresorts.com

SECRETARIAT

Global Futuristic Management Services

Company Address: Level 41, Vista Tower, The Intermark, 348 Jalan Tun Razak, 50400 Kuala Lumpur, Malaysia.

Tel No: +6012-277 3799

Email: globalfuturistic@gmail.com Website: www.penangmskrad.com

REGISTRATION

Registration is on 5th April 2020 from 7.30am-8.00am. All congress delegates are required to register at the registration desk located outside the congress hall to collect your name badge and congress materials. Please note that no replacements will be made for name badges and congress materials and delegates are liable for any losses.

CONGRESS LUNCH

The congress lunch is Halal and is complimentary for all congress delegates. To be entitled to the lunch, delegates must wear their congress badge at all times. Buffet lunches will be served at the Seaside Terrace Coffee House located at the Main Hotel Lobby. Delegates who prefer the vegetarian option and have identified this preference prior to the congress will be allowed to order ala-carte from the restaurant menu.

INTERNET ACCESS

Free wireless internet access is available in the congress hall and surrounding areas.

MOBILE PHONES

Delegates are requested to put their mobile phones on silent mode during sessions inside lecture halls and workshops.

DRESS CODE

The dress code for the meeting is semi-formal. Delegates are advised to bring along a light jacket as the venue is air-conditioned.

LOST & FOUND

Please take care of all your belongings. The organisers and secretariat will not be held liable in cases of loss, theft or damage to personal belongings. Any found items may be brought to the hotel lobby or kept by the secretariat.

PARKING

Parking is complimentary for hotel guests.

PUBLIC TRANSPORT

Budget taxi from the airport to the hotel at Batu Feringghi (Area D8) is available using the Koplimo airport white taxi counter. Please note that midnight taxi charges (12am-7am) are higher. Alternatively, you can download an application called 'Grab' which provides cheaper travel options around Penang. The cheapest option would be to take the direct bus (Bus No.102) from the airport to Batu Feringghi. Bus operating hours are from 6.00am-11.00pm and depart hourly. Public buses to the town are also available outside the hotel.

CURRENCY EXCHANGE RATES

The currency exchange rate is currently 1US dollar = RM4.2 approximately.

SAFFTY

Penang is a very safe island. Usual caution should however be exercised.



RESERVATION FORM

Delegate rates valid for stay between 29th March to 9th April 2020

Musculoskeletal MRI & Ultrasound Congress

Guest Name (1)			Mr.	
Guest Name (2)			Mr.	
Company's Name				
Contact Number				
E-Mail Address		Fax Number :		
Arrival Date		Estimated Time Arrival / Flight No :		
	Ferringhi Tower Hillview (Room only) at RM256.00nett per room per night (Single/Double)			
	Ferringhi Tower Seaview (Room only) at RM288.00nett per room pernight (Single/Double)			
	Beach Wing Hillview (Room only) at RM320.00nett per room pernight (Single/Double)			
	☐ Beach Wing Seaview (Room only) at RM415.00nett per room per night (Single/Double)			
	Ferringhi Tower Hillview (breakfast for 01) at RM298.00nett per room per night (Single)			
	Ferringhi Tower Hillview (breakfast for 02) at RM330.00nett per room per			
	night(Double)	DM222 00 nottrace recent recent		
Room Type and Rate	Ferringhi Tower Seaview (breakfast for 01)at RM333.00nettper room pernight (Single)			
and Nate	Ferringhi Tower Seaview (With breakfast for 02) at RM360.00nett per room pernight(Double)			
	Beach Wing Hillview (with breakfast for 01) at RM362.00nett per room per			
	night(Single)			
	Beach Wing Hillview (with breakfast for 02) at	RM393.00nett per room per		
	night(Double)			
	Beach Wing Seaview (with breakfast for 01) at RM456.00nett per room pernight			
	(Single)			
	Beach Wing Seaview (with breakfast for 02) at RM478.00nett per room per			
Damania	night(Double)			
Remarks	All showers on guest nevernal assessed			
Payment Credit Card	All charges on guest personal account			
Credit Card Number	AMEX (select as appropriate)			
XXXX Expired Date : //				

Terms and Conditions:-

- ~ Room rates quoted above are in Malaysian Ringgit (MYR) and non-commissionable.
- ~ Room rates quoted above are inclusive of 10% Service charge& 6% Sales and Service Tax per room per night.
- ~ Room rates quoted above are inclusive of MYR3 Local Government Tax per room per night.
- ~ Room rates quoted above are exclusive of MYR10 Tourism Tax per room per night, and to be made upon check in.

*** Effective 1 September 2017, the Royal Malaysia Customs Department will be imposing a Tourism Tax of MYR 10 per room per night, payable directly to the property upon check-in, on tourist staying at any accommodation premises made available by an operator in Malaysia (Except Malaysian nationals with Identity Card, or permanent residents who hold MyPR cards).

- ~ Room rates quoted based on Room only, unless breakfast is stated.
- ~ Valid credit card is required upon reservation. Reservation will be auto-released if there's no credit card provided.
- ~ Valid credit card or sufficient cash deposit is required upon check-in.
- ~ Room space is subject to availability upon request.
- \sim Standard check-in time is after 1400hours and check-out time is 1200hours.
- ~ Early check-in and late check-out are subject to availability upon request. An additional charges applies for late check-out request.
- ~ All charges will be on personal account and must be settled in full upon check-out.
- ~ In the event of no show or last minute cancellation less than seventy two (72) hours or three days prior to arrival date will be subject to one (1) night room charge for each room cancelled.



Global Futuristic Management Services Company Address: Level 41, Vista Tower, The Intermark, 348 Jalan Tun Razak, 50400 Kuala Lumpur, Malaysia Tel No: +6012-277 3799 Email: globalfuturistic@gmail.com

