

PROGRAMME

Day One · 1st April 2020 · Wednesday

7.30 am	Registration
8.00 am	Briefing and pre-course MCQ self-assessment.
8.30 am	Lecture 1: Normal MRI and USS Radiological anatomy of the knee with gross anatomy correlation
10.30 am	Tea break
11.00 am	MRI Video Session 1: DICOM MRI videos of normal and basic to intermediate pathology of the knee (MSK radiologist secrets, tricks of the trade, pearls revealed in all pathology sessions, not in the books, from years of experience)
1.00 pm	Buffet lunch – International. All meals Halal & Vegetarians can order ala-carte vegetarian meals.
2.00 pm	Workshop 1: Hands-on Knee Ultrasound (Groups divided into Basic, Intermediate and Advanced)
4.00 pm	Tea break - Oral paper presentations
4.30 pm	USS Video Session 1: DICOM Ultrasound videos of normal and basic to intermediate pathology of the knee
6.00 pm	End of session

Day Two · 2nd April 2020 · Thursday

8.00 am	Review of MRI Knee Homework Cases given the day before. Good review session of application of principles studied the day before.
8.45 am	Lecture 2: Normal MRI and USS Radiological anatomy of the shoulder with gross anatomy correlation
10.30 am	Tea break - Oral paper presentations
11.00 am	MRI Video Session 2: DICOM MRI videos of normal and basic to intermediate pathology of the shoulder
1.00 pm	Buffet lunch – North Indian
2.00 pm	Workshop 2: Hands-on Shoulder Ultrasound
4.00 pm	Tea break - Oral paper presentations
4.30 pm	USS Video Session 2: DICOM Ultrasound videos of normal and basic to intermediate pathology of the shoulder
6.00 pm	Close of session

Day Three · 3rd April 2020 · Friday

8.00 am	Review of the Shoulder homework given the day before
8.45 am	Lecture 3: Normal MRI and Ultrasound Radiological anatomy of the ankle and foot with gross anatomy correlation
10.00 am	MRI Video Session 3: DICOM MRI videos of normal and basic to intermediate pathology of the ankle and foot
10.30 am	Tea break - Oral paper presentations
11.00 am	Workshop 3: Hands-on ankle/foot ultrasound
1.00 pm	Long lunch break - Hot piping BBQ
2.15 pm	USS Video Session 3: DICOM Ultrasound videos of normal and basic to intermediate pathology of the ankle and foot
3.15 pm	Lecture 4: Normal MRI and Ultrasound of the elbow and wrist including carpal tunnel and arthropathy
4.00 pm	Group photo session
4.15 pm	Tea break
4.30 pm	Workshop 4: Hands-on Elbow and Wrist Ultrasound, Carpal tunnel and Arthropathy Screening
6.00 pm	Close of session

Day Four · 4th April 2020 · Saturday

8.00 am	Review of the Ankle, Elbow and Wrist MRI homework cases followed by MRI & Ultrasound videos of the elbow and wrist
9.00 am	Lecture 5: PRP, Prolotherapy, Steroid and Stem cells: literature & personal experience
10.30 am	Tea break - Oral paper presentations
11.00 am	Workshop 5: Positioning and injection for Musculoskeletal Intervention. Tips and pearls.
1.00 pm	Buffet lunch – Penang Chinese
2.00 pm	Lecture: MRI of the Hip Joint
3.00 pm	Workshop 6: Hands-on practical session for review of all joints. Chance to ask demonstrators anything you are not sure about in MSK Ultrasound or would like more emphasis on.
4.00 pm	Tea Break
4.15 pm	Practical Ultrasound assessment followed by Post-course MCQ self-assessment
5.30 pm	Closing remarks and Collection of Certificates